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# CI Camelopardalis: The first sgB[e]-high mass X-ray binary twenty years on: A supernova imposter in our own Galaxy?

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## ABSTRACT

**Context.** The Galactic supergiant B[e] star CI Camelopardalis (CI Cam) was the first sgB[e] star detected during an X-ray outburst. The star brightened to  $\sim 2$  Crab in the X-ray regime ( $\sim 5 \times 10^{-8}$  ergs cm $^{-2}$  s $^{-1}$  in the 2–25 keV range) within hours before decaying to a quiescent level in less than two weeks, clearly indicative of binarity. Since the outburst of CI Cam, several sgB[e] stars have been identified as X-ray overluminous for a single star (i.e.  $L_X > 10^{-7} L_{\text{bol}}$ ). This small population has recently expanded to include two ultra luminous X-ray sources (ULX), Holmberg II X-1 and NGC 300 ULX-1/supernova imposter SN2010da.

**Aims.** Since the discovery of X-ray emission from CI Cam, there have been many developments in the field of massive binary evolution. In light of the recent inclusion of two ULXs in the population of X-ray bright sgB[e] stars, we revisit CI Cam to investigate its behaviour over several timescales and shed further light on the nature of the compact object in the system, its X-ray outburst in 1998 and the binary system parameters.

**Methods.** We analysed archival *XMM-Newton* EPIC-pn spectra and light curves along with new data from *Swift* and *NuSTAR*. We also present high-resolution ( $R \sim 85\,000$ ) *Mercator*/HERMES optical spectra, including a spectrum taken 1.02 days after our *NuSTAR* observation.

**Results.** Despite being in quiescence, CI Cam is highly X-ray variable on timescales of days, both in terms of total integrated flux and spectral shape. We interpret these variations by invoking the presence of an accreting compact companion immersed in a dense, highly structured, aspherical circumstellar envelope. The differences in the accretion flux and circumstellar extinction represent either changes in this environment, triggered by variable mass loss from the star, or the local conditions to the accretor due to its orbital motion. We find no evidence for pulsations in the X-ray light curve.

**Conclusions.** CI Cam has many similarities with SN2010da across mid-IR, optical and X-ray wavelengths suggesting that, subject to distance determination for CI Cam, if CI Cam was located in an external galaxy its 1998 outburst would have led to a classification as a supernova imposter.

**Key words.** stars: emission-line, Be – pulsars: individual: CI Camelopardalis – stars: massive – binaries: general – X-rays: binaries

## 1. Introduction

The optical spectra of the evolved B[e] supergiants (sgB[e]s) are characterised by broad, high excitation emission lines; narrow, low excitation emission lines; and a strong infrared excess due to hot dust (Lamers et al. 1998). The standard explanation for this hybrid spectrum is a low density, fast polar wind and a much denser, slowly expanding equatorial outflow or torus in which dust forms (Zickgraf et al. 1985, 1986). Recent observations suggest that the equatorial material of many sgB[e]s is in Keplerian rotation rather than radially expanding (e.g. Kraus et al. 2010) with Maravelias et al. (2018) demonstrating that each of their studied sgB[e] stars showed a unique pattern of concentric rings of material, from which the forbidden emission arises. The formative agent of the equatorial material is a topic of active research with stellar rotation suggested as one potential cause. The rotational velocities of a handful of sgB[e] stars have been determined, however, and only one of the three are rotating at an appreciable fraction of the critical velocity (Gummersbach et al. 1995; Zickgraf 2000, 2006a; Kraus et al. 2008, 2010). There is mounting support for the idea that sgB[e] stars represent either

interacting or newly formed, post- interaction binary systems. In this scenario, the tori are ejected during non-conservative mass transfer in an evolutionary stage of close binary evolution (e.g. the colliding wind binary Wd1-9, Clark et al. 2013a), or are material from the stellar wind captured into circum-binary orbits during periastron passages of the secondary (considered the most plausible scenario for the material surrounding GG Car, Kraus et al. 2013). At least one sgB[e] star, R4 in the Small Magellanic Cloud, is thought to be the result of a binary merger (Podsiadlowski et al. 2006). Identifying bona fide sgB[e] binaries is a priority as the asymmetries seen in the circumstellar environment around the progenitor of SN1987A (Morris & Podsiadlowski 2009) and SN2009ip (Mauerhan et al. 2014) may be established in the sgB[e] phase. For a recent overview of sgB[e] stars (see de Wit et al. 2014).

sgB[e] stars are co-located on the HR diagram with luminous blue variables (LBVs). LBVs are thought to represent a short-lived phase of very massive stellar evolution in which instabilities drive dramatic mass loss (Humphreys & Davidson 1994). The physical origin of these instabilities remains poorly understood. Recent observational findings have associated a subset of

highly luminous type II SNe with LBVs (Gal-Yam & Leonard 2009) contradicting the classical view of these objects. An additional population of LBVs has been identified in external galaxies – the so-called SNe imposters – with significantly more rapid and violent eruptions (e.g. Kochanek et al. 2012). Unlike LBVs or SNe imposters, historical consensus has been that sgB[e] stars do not show significant variability ( $\Delta m \lesssim 0.2$  mag; Lamers et al. 1998), however, an evolutionary link between sgB[e] stars and LBVs has been suggested (Zickgraf 2006b) and some sgB[e] stars are considered candidate LBVs (e.g. Clark et al. 2013a).

A number of sgB[e] stars are X-ray over-luminous for single stars (i.e.  $L_X > 10^{-7} L_{\text{bol}}$ ). Again, binarity is invoked to explain this with the excess high energy emission arising either via shocks in a colliding wind binary (CWB) containing a second massive star, or via accretion onto a compact companion. This list includes the Galactic sources Wd1-9, a CWB (Clark et al. 2013b); IGR J16318–4848, thought to host a neutron star and thus be a bona fide high-mass X-ray binary (HMXB, e.g. Filliatre & Chaty 2004); and CI Camelopardalis (Bartlett et al. 2013), the subject of this paper. In the Magellanic Clouds, LHA 115-S 18 (S18) and LHA 120-S 134 (S134) are both reported to have X-ray emission (Bartlett, in prep.; Clark et al. 2013a; Massey et al. 2014), though their optical spectra display markedly different behaviour, suggesting they are fundamentally different types of systems (Bartlett & Clark 2015). S134 is most likely a CWB while the nature of S18 is uncertain due to the unprecedented nature of both photometric and spectroscopic variability. Clark et al. (2013a) show that S18 trivially satisfies the criteria for an LBV, but its behaviour more closely resembles that of SNe imposters such as SN2000ch (Pastorello et al. 2010).

Recently, two ultra luminous X-ray sources (ULX), Holmberg II X-1 and NGC 300 ULX-1/supernova imposter SN2010da (referred to as SN2010da throughout this paper) have been interpreted as sgB[e]-HMXBs (Lau et al. 2016, 2017; Villar et al. 2016), with X-ray pulsations reported in SN2010da, clear evidence of a neutron star companion (Carpano et al. 2018). The association of two ULXs with sgB[e] stars highlights the need for further study into the link between binarity, sgB[e] stars, LBVs, SNe imposters and ULXs.

The sgB[e] star CI Camelopardalis (CI Cam) underwent a dramatic X-ray outburst in 1998. First detected 31 March (Smith et al. 1998), it increased in flux by a factor  $>50$  within a day, to a peak flux of  $5.4 \times 10^{-8}$  ergs cm $^{-2}$  s $^{-1}$ , before decaying back down to  $9.4 \times 10^{-11}$  ergs cm $^{-2}$  s $^{-1}$  in  $\sim 8$  days (Belloni et al. 1999). A BeppoSAX observation, taken 3–4 September 1998 detected the source with a flux of  $1.5 \times 10^{-13}$  ergs cm $^{-2}$  s $^{-1}$  (Orlandini et al. 2000): A drop of five orders of magnitude. The X-ray outburst was accompanied by increased emission at optical and radio wavelengths. In the optical, the  $V$ -band magnitude decreased by  $>2$  mag and the source reddened significantly ( $\Delta(B - V) \sim 0.5$  mag, Clark et al. 2000). The radio emission peaked later than the optical (see Fig. 1 of Clark et al. 2000), and the radio images show an evolution from an unresolved source to a more complex geometry consistent with that expected for an expanding shock front (Mioduszewski & Rupen 2004).

Such X-ray activity firmly establishes this source as a HMXB but the nature of the compact object, as well as binary system parameters, still remain a mystery 20 years on. For example, Barsukova et al. (2006) and Filippova et al. (2008) favour a white dwarf companion and interpret the 1998 outburst was thermonuclear runaway on the white dwarf surface. Bartlett et al. (2013) make the case for a neutron star companion, based on the quiescent X-ray spectrum of CI Cam, but offer no mechanism for the outburst. Robinson et al. (2002) argue that the ratio of

peak to quiescent X-ray luminosity is consistent with those of black hole X-ray novae. The distance to CI Cam is still not certain, with estimates ranging from 2.0–10 kpc in the literature but a distance of  $\geq 8$  kpc implies a peak outburst luminosity of  $10^{39}$  ergs s $^{-1}$  (Kaaret et al. 2017); in other words, CI Cam would be a ULX in our own galaxy (see Belloni et al. 1999).

In 2016, it was reported in an Astronomers Telegram (ATel) by Wijngaarden et al. (2016) that CI Cam was undergoing another optical outburst, with the H $\alpha$  emission line comparable in strength to that measured in 1998. Motivated by this we requested, and were approved, both a snapshot Target of Opportunity (ToO) observation with The Nuclear Spectroscopic Telescope Array *NuSTAR* and a rolling medium term monitoring campaign with the *Neil Gehrels Swift* Observatory (*Swift*, initially reported in Bartlett et al. 2016). In this paper we report on the results of these ToO observations as well as revisiting both published and unpublished archival observation of CI Cam, taken with *XMM-Newton*.

## 2. Observations and data acquisition

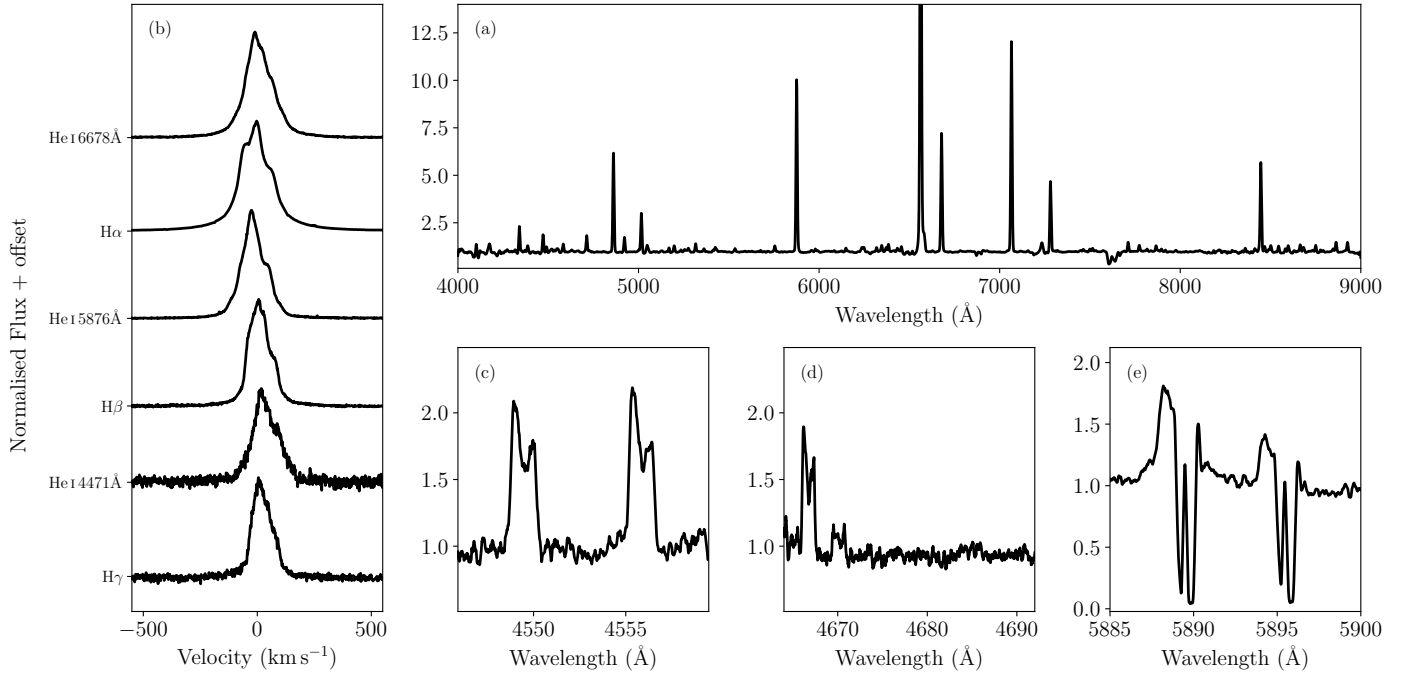
### 2.1. XMM-Newton

CI Cam has been observed on four separate occasions by *XMM-Newton*. The data from the European Photon Imaging Cameras (EPIC) pn detector (Strüder et al. 2001) were processed with the *XMM-Newton* Science Analysis Software (xmmidas) v15.0.0. Table 1 shows a log of the EPIC-pn observations, along with the *NuSTAR* ToO observation.

The EPIC-pn data of all the observations were processed with the xmmidas task epproc. The data were then screened for periods of high background by examining the 10.0–12.0 keV count rate of the entire detector. All observations were heavily affected by periods of high background. The light curves were inspected by eye and epochs where the count rate exceeded 0.8 counts s $^{-1}$  in observation 0000110101 and 1.0 counts s $^{-1}$  in observations 0139760101, 0672050101 and 0672050201 were removed.

Light curves and spectra of CI Cam were extracted from the filtered datasets. The extraction region size was determined using the xmmidas eregionanalyse task, which uses images, exposure maps and background maps to calculate the optimum radius for source extraction by maximising the signal to noise. The resulting source extraction radii range from 16–29 arcsec depending on the source counts. Several regions with 60 arcsec radii, located on the neighbouring chips to CI Cam, were identified as potential background regions, and compared to see if they were statistically identical. One of these regions was then selected as the final background region for each of the observations.

For the light curves, “single” and “double” pixel events (PATTERN  $\leq 4$ ) were selected in the energy range 0.2–12.0 keV with event attribute flag #XMMEA\_EP. A barycentric correction was applied using the barycen task, converting the photon arrival times from the default satellite reference frame to barycentric dynamical time. The background subtraction was performed using the epiclccorr task which not only corrects for the different extraction region radii used for the source and background regions, but also corrects for bad pixels, vignetting and quantum efficiency. The source and background spectra were extracted using the same regions as the light curves. A more conservative selection flag of FLAG=0 was used to exclude events close to CCD gaps and bad pixels. The area of source and background regions were calculated with the backscal task and response matrix files were created using rmfgen and arfgen. The



**Fig. 1.** Optical spectrum of CI Cam. *Panel a:* 4000–9000 Å spectrum of CI Cam, convolved with a Gaussian function to approximately match the resolution of those presented in Fig. 1 of Hynes et al. (2002) to allow for easy comparison. *Panel b:* original, un-binned line profiles of the stronger hydrogen and helium lines in velocity space, corrected for the systemic velocity of CI Cam,  $-51 \pm 2 \text{ km s}^{-1}$  (Aret et al. 2016). *Panel c:* systemic redshift corrected 4545–4560 Å region, convolved with a boxcar function with width 13 pixels, corresponding 0.2 Å. *Panel d:* region around the He II 4686 Å line, also redshift corrected and convolved with a boxcar function of width 13 pixels. *Panel e:* region around the Na D interstellar absorption components, convolved with a boxcar function and with no redshift correction applied.

**Table 1.** Log of the *XMM-Newton* and *NuSTAR* snapshot observations of CI Cam.

Detector	Obs. ID	Obs. date	Exp. time	
			Unfiltered (ks)	Filtered (ks)
<i>XMM-Newton</i> : EPIC-pn	0000110101	2001-08-19	29.70	13.53
	0139760101	2003-02-24	60.34	24.56
	0672050101	2012-02-20	67.40	32.64
	0672050201	2012-02-22	68.64	23.82
<i>NuSTAR</i> : FMPA	90201040002	2016-10-20	20.00	18.70
<i>NuSTAR</i> : FMPB			20.01	18.65

spectra and associated response files for each observation were grouped to have at least 25 counts per bin using the HEASOFT task `grppha`, and fit with XSPEC v12.9.0.

## 2.2. *NuSTAR*

In response to the ATel of Wijngaarden et al. (2016), we were approved a 20 ks ToO observation with the *NuSTAR* observatory (Harrison et al. 2013). The data from both of the Focal Plane Modules (FMPA and FMPB) were processed with the *NuSTAR* Data Analysis Software (`nustardas`) v1.6.1. The data were first processed with the `nustardas` task `nupipeline` to produce cleaned and calibrated event files. The details of the observations and the pre- and post-filtering exposure times are included in Table 1. Spectra, response matrix files and light curves were then generated using the `nuproducts` task. Source light curves and spectra were extracted from a circular region with 50 arcsec radius centred on CI Cam. Background light curves and spectra were extracted from a nearby, source free circular region with

a 75 arcsec radius. Again, the spectra and associated response files were grouped to have at least 25 counts per bin using the HEASOFT task `grppha`, and fit with XSPEC v12.9.0.

## 2.3. *Swift*

Since the 1998 outburst, all the X-ray observations of CI Cam have been single snapshots, with no short to medium term monitoring to characterise its quiescent X-ray state. We requested, and were approved, several target of opportunity programmes with the *Swift* X-ray Telescope (XRT), each consisting of  $10 \times \sim 1$  ks observations with a cadence of  $\sim 3$  days. All the observations were carried out in Photon Counting (PC) mode. The data were processed with the *Swift*-XRT data products generator<sup>1</sup> (Evans et al. 2007, 2009), which makes use of HEASOFT v6.22.

<sup>1</sup> [http://www.swift.ac.uk/user\\_objects/](http://www.swift.ac.uk/user_objects/)



## 2.4. HERMES Mercator

CI Cam was observed with the High-Efficiency and high-Resolution *Mercator* Echelle Spectrograph (HERMES, [Raskin et al. 2011](#)) at the 1.2 m *Mercator* telescope at the Roque de los Muchachos Observatory on La Palma, for 1800 s on the nights of 2016-10-19 and 2016-10-23; bookending our *NuSTAR* ToO. HERMES is a fibre-fed prism-cross-dispersed echelle spectrograph, equipped with an E2V 42–90 detector of  $2048 \times 4608$ ,  $13.5 \mu\text{m}$  pixels. The instrument was operated in the high resolution mode which results in a resolution of  $R \sim 85\,000$  over the 377–900 nm wavelength range. Wavelength calibration is achieved by observing both thorium-argon and neon arc lamp spectra, taken at the beginning and end of the night. The resulting spectra have a radial velocity accuracy of  $\sim 50 \text{ m s}^{-1}$ . This error is driven by variable environmental conditions, most notably fluctuations of atmospheric pressure ([Raskin et al. 2011](#)). This corresponds to a wavelength accuracy of  $0.001 \text{ \AA}$  at  $6500 \text{ \AA}$ . The resulting spectra have an unbinned signal to noise ratio of  $\sim 1$  in the continuum.

## 3. Results

### 3.1. Optical spectra

Figure 1 shows the signal to noise weighted average of the two HERMES spectra of CI Cam, taken 2016-10-19 and 2016-10-23. No evidence of any variability between the two spectra was observed. Our spectra are consistent with the quiescent spectra of CI Cam ([Hynes et al. 2002](#); [Robinson et al. 2002](#)) with the helium lines similar in strength to those seen before the 1998 outburst (see Fig. 1 of [Hynes et al. 2002](#)). The Balmer series and strong He I lines are shown in subplot *b* of Fig. 1. Whilst the overall widths of our lines are comparable to the post outburst profiles of H $\alpha$  and He I presented in Fig. 7 of [Hynes et al. \(2002\)](#) with Full Width Half Maximum values ranging from  $\sim 120$  to  $\sim 150 \text{ km s}^{-1}$ , the line profiles appear much more complex, with up to three components visible in H $\beta$ , H $\alpha$ , He I  $5876 \text{ \AA}$  and  $6678 \text{ \AA}$  lines. The He I spectra of CI Cam in outburst (and just after, see Fig. 7 of [Hynes et al. 2002](#)) were well described with a narrow central component and a broader blue shifted line, these spectra suggest that such a model can be extended to the quiescent spectrum, along with an additional red shifted component.

The He II  $4686 \text{ \AA}$ , which was strongly in emission during the 1998 outburst, and reported as weakly in emission in 2012 ([Goranskij et al. 2017](#)) is completely absent here (see Fig. 1d). In this regard CI Cam closely resembles the sgB[e]/LBV S18 ([Clark et al. 2013a](#)), although He II  $4686 \text{ \AA}$  is, on occasion, considerably stronger in the latter system. Another obvious comparator is the primary in SN2010da and once again both systems bear a close resemblance ([Villar et al. 2016](#)), with emission from both low (Fe II) and high excitation (He II and [O III]) species although SN2010da also demonstrates emission in very high excitation transitions (e.g. [Fe VII]  $5159$ ,  $5276$  and  $6086 \text{ \AA}$ ) in outburst, that are absent in CI Cam at any epoch; we expand upon this comparison in Sect. 4.4. We also highlight that the extreme variability of the He I profile in both CI Cam and S18, both in terms of profile and overall strength, means that it forms an unreliable RV diagnostic. Similar conclusions were arrived at by [Sana et al. \(2012\)](#) who recommended against employing it for such a purpose (this is discussed further in Sect. 4.1).

The metal lines, shown in Figs. 1c and d, show the same concave shape reported in quiescence by [Hynes et al. \(2002\)](#). The

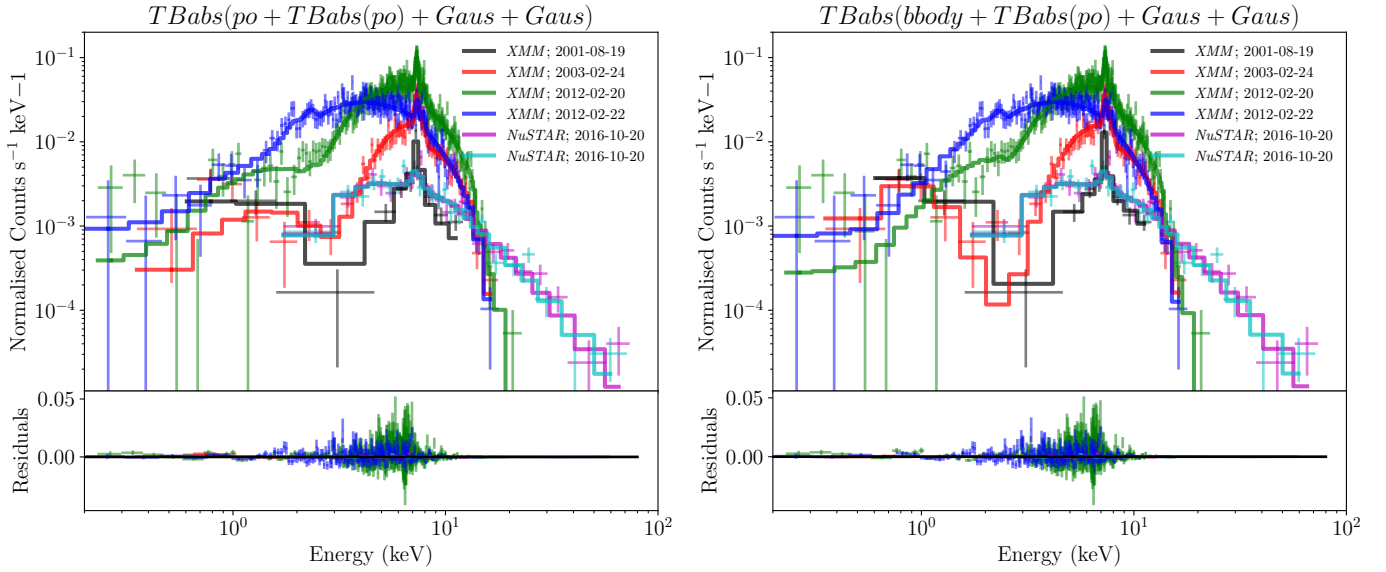
central depression in these lines is due to less emission at lower velocities, that is to say less emission from material in the equatorial plane of a spherically symmetric outflow around the star, or a more equatorial outflow viewed pole on (as is the case here). This is well demonstrated in Fig. 13 of [Hynes et al. \(2002\)](#). A clear V/R asymmetry is present with the blue peak stronger than the red. This behaviour is also suggested in the spectra presented by [Goranskij et al. \(2017, see Fig. 4a\)](#) and could be indicative of a global one-armed oscillation (GOAO) in the equatorial material, where these lines are hypothesised to originate ([Kato 1983](#); [Okazaki 1991, 1997](#)). GOAOs are azimuthal density waves in with  $m = 1$  (the only mode permitted in a thin Keplerian disc, [Okazaki 1991, 1997](#)) that can precess over time and are the accepted cause of V/R variability in normal Be stars.

### 3.2. X-ray spectra

Figure 2 shows the archival spectra from *XMM-Newton*, along with the recent *NuSTAR* observations. In a previous study on the 2003 spectrum of this source, [Bartlett et al. \(2013\)](#) ignored the X-ray spectrum  $<3 \text{ keV}$ , arguing that the soft excess in the 2003 spectra of CI Cam was likely an artefact of the background subtraction. It is clear from the subsequent observations that not only is this not the case, the  $<3 \text{ keV}$  spectrum is also highly variable on timescales of days.

The spectra from 2001, 2003, and to a lesser extent the first spectrum of 2012, all resemble the 2010 spectrum of NGC 300 ULX-1: a pronounced soft excess at  $<2 \text{ keV}$ , a minimum at around  $3 \text{ keV}$  and a strong emission feature at  $6\text{--}7 \text{ keV}$  (i.e. Fe-K emission, see Fig. 3 of [Carpano et al. 2018](#)). These authors fit an absorbed, partially covered disc blackbody and power law with a high energy cut off (i.e. *TBabs\*pcfabs(diskbb+po\*highcut)* in *xspec*) model to the data. In their model, the photon index, cut off and e-folding energy, and disc blackbody temperature and flux are fixed across all the spectra, spanning six years, with just the intrinsic X-ray luminosity (i.e. the normalisation) and the absorption allowed to vary. Similar models have been used to fit the heavily obscured HMXB population discovered by INTEGRAL as demonstrated by [Fornasini et al. \(2017\)](#), who show that the spectrum of IGR J18214–1318 is equally well fit by an absorbed, partially covered power law with a high energy cut off model (*TBabs\*pcfabs(po\*highcut)* in *xspec*) or an absorbed blackbody and power law with a high energy cut off model (*TBabs\*(bbody+po\*highcut)* in *xspec*).

Another possible comparator is the Supergiant Fast X-ray Transient (SFXT) IGR J18410–0535 ([Bozzo et al. 2011](#)). This source was serendipitously observed in outburst during a scheduled 45 ks *XMM-Newton* observation. Towards the end of the flare’s decay the X-ray spectrum of IGR J18410–0535 also showed the soft excess and iron line complex characteristic of the spectra of CI Cam. The authors fit the continuum of this spectrum with a model made up of two absorbed power laws (*phabs\*(po+phabs(po)* in *xspec*). The photon indices are constrained to be equal and the first absorption component is fixed to the Galactic value. The authors note that this model is often adopted to fit the X-ray spectra of “normal” supergiant X-ray binaries in eclipse (e.g. [van der Meer et al. 2005](#)), and has also been used to fit at least one eclipsing Be/X-ray binary ([Coe et al. 2015](#)). In this scenario the more heavily absorbed power-law is the intrinsic emission from accretion onto the neutron star and the minimally absorbed power-law represents the scattered and/or reprocessed emission from the stellar wind material.



**Fig. 2.** Left panel: XMM-Newton and NuSTAR data with the best fit  $TBabs(po+TBabs(po)+Gaus+Gaus)$  model. Right panel: same as the left but with the best fit  $TBabs(bbody+TBabs(po)+Gaus+Gaus)$  model.

### 3.2.1. X-ray continuum

We adopt a similar technique as Bartlett et al. (2013) and first exclude the 6.2–7.0 keV region around the iron line and attempt to simultaneously fit the  $>3$  keV continuum of all the EPIC-pn and NuSTAR spectra with a simple absorbed power law model ( $TBabs*TBabs(po)$  in xspec). The excluded region can be seen in Fig. 3. We intentionally included the Fe-K edge at 7.1 keV in our continuum fits. We then include  $<3$  keV and add model components to reproduce and compare the continuum models discussed above, without the iron lines skewing the statistics. Finally, we re-introduce the iron line complex and fit the emission lines. As the data from both the NuSTAR FPMA and FPMB detectors were taken simultaneously, all the model parameters of all the fits to these data were required to be the same, with a single constant factor to account for instrumental differences.

For the initial fit, the photon index of the power law,  $\Gamma$ , is required to be the same across all the spectra with a variable normalisation component to account for the different intrinsic luminosities of CI Cam. The absorption component is split into two parts  $n_{H,Gal}$  to account for the Galactic interstellar absorption to CI Cam, fixed at  $4.5 \times 10^{21} \text{ cm}^{-2}$  (Dickey & Lockman 1990) and a variable component  $n_{H,i}$ , to account for absorption intrinsic to the system. This produces an acceptable fit to the data with a reduced  $\chi^2$  ( $\chi_r^2$ ) of 1.05 for 435 degrees of freedom (d.o.f.,  $\chi^2 = 457.4$ ), falling to 1.03 for 431 d.o.f. ( $\chi^2 = 443.2$ ) when the photon indices are allowed to vary. The photon indices range from  $1.1 \pm 0.2$  from the 2003 spectra to  $1.6^{+0.2}_{-0.1}$  in that of 2016.

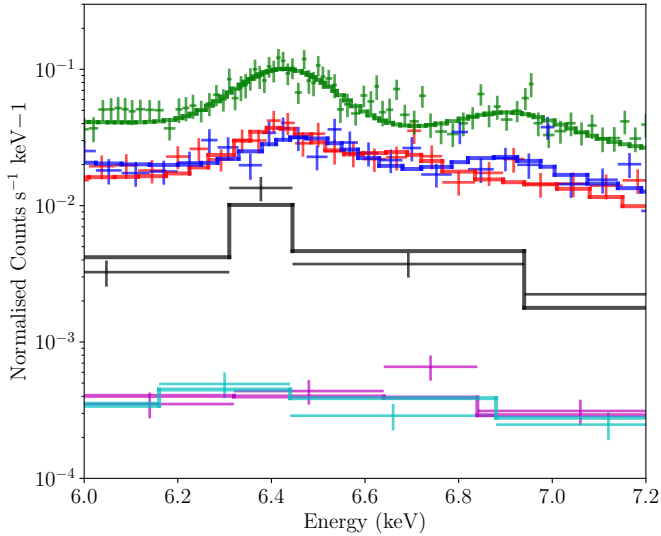
When the 0.2–3.0 keV energy range is included, the fit worsens dramatically ( $\chi_r^2 = 1.53$  for 529 d.o.f.,  $\chi^2 = 802.6$ ). Attempts to fit the same model as Carpano et al. (2018) to the continuum did not result in an acceptable fit, with a  $\chi_r^2 = 1.17$  for 515 d.o.f. ( $\chi^2 = 604.7$ ), unphysical and unconstrained parameters and clear structure in the residuals, particularly for the 2001 and 2003 spectra. Untying the parameters, does little to improve the fit nor does deleting components to emulate the models of Fornasini et al. (2017). The  $TBabs*pcfabs(po*highcut)$  model has an identical  $\chi_r^2 = 1.17$  for 515 d.o.f. ( $\chi^2 = 604.7$ ), whereas the  $TBabs*(bbody+po*highcut)$  had  $\chi_r^2$  values of 1.39 ( $\chi^2 = 724.64$ ) for 521 d.o.f. and 1.37 for 517 d.o.f. ( $\chi^2 = 709.19$ ) for

when the blackbody temperature components are tied across all observations or allowed to vary respectively.

The continuum model of Bozzo et al. (2011) and van der Meer et al. (2005),  $TBabs(po+TBabs(po))$  with the two power law components constrained to be equal within an observation but allowed to vary between observations, produces a much better fit to the continuum – a  $\chi_r^2$  of 1.07 ( $\chi_r = 558.6$ ) for 541 d.o.f. The  $n_{H,i}$  values derived from the XMM-Newton data vary from  $\sim 6 \times 10^{22}$  to  $2 \times 10^{24} \text{ cm}^{-2}$ , whilst the photon indices range from a  $\sim 1$ –3. For full details of the model fits and parameters see Table B.1. Whilst the fit is formally a good fit to the spectrum, we note that there are still some clear residuals in the soft excess of the spectra from 2003 and, to a lesser extent, the first spectrum of 2012.

We also obtain a good fit to the spectrum when the first power law, representing the reflected emission, is replaced with a blackbody,  $TBabs(bbody+TBabs(po))$  in xspec;  $\chi_r^2 = 1.05$  ( $\chi_r = 542.1$ ) for 515 d.o.f. Similar values are obtained for the intrinsic absorption and power law components. This model seems to provide a better fit to the soft excess of the 2003 spectrum, but worse to the first spectrum of 2012. The parameters of this model are also included in Table B.1.

For completeness we also attempt to fit the continuum with the model presented by Ueda et al. (1998) fit to ASCA data of CI Cam taken during outburst. They fit the 0.8–10.0 keV spectrum with a two temperature Raymond-Smith (Raymond & Smith 1977) model (emission from a hot, diffuse gas) with an additional narrow Gaussian to better characterise the iron line region. We again ignore the 6.2–7.0 keV energy range to focus only on the continuum and fit a  $tbabs*tbabs*(vraymond_1+vraymond_2)$  to the data, with the temperatures, abundances and flux ratios of the two components fixed at the values derived by Ueda et al. (1998, i.e. the normalisation of  $vraymond_1$  is  $\sim 4$  times that of  $vraymond_2$ ). This leads to a  $\chi_r^2 = 2.87$  for 521 d.o.f. ( $\chi^2 = 1494.7$ ). Removing the constraint that the flux ratio must stay equal to that reported in Ueda et al. (1998) does little to improve the fit with an identical  $\chi_r^2$  value ( $\chi_r^2 = 2.87$  for 516 d.o.f.;  $\chi^2 = 1483.1$ ). Allowing the temperatures to vary, as well as the fluxes, improves the fit ( $\chi_r^2 = 1.23$  for 514 d.o.f.;  $\chi^2 = 633.8$ ), however, despite not



**Fig. 3.** Close up of the 6.0–7.2 keV energy range that includes the region initially excluded from the spectral fits, along with the best fit  $TBabs(bbody+TBabs(po)+Gaus+Gaus)$  model (though we note that both models give identical parameters for the iron lines within errors). The *NuSTAR* data has been divided by 10 in this plot for clarity. The colour coding is the same as for Fig. 2.

being tied the temperature values for one of the components is pegged at the hard limit, suggesting that this model is not an accurate description of the physical processes occurring in the system. This is discussed further in Sect. 4.3.

### 3.2.2. Fe emission lines

The iron line region of the spectrum is shown in Fig. 3. When the iron line region is included in the spectrum, the fits understandably deteriorate (by  $\Delta\chi^2_r \sim +0.6$ ). The addition of a single, intrinsic narrow Gaussian to the spectrum, constrained to be at the same energy across all observations but with the normalisation allowed to vary, results in the  $\chi^2_r$  values falling to 1.17 and 1.16 for the  $TBabs(po+Tbabs(po))$  and  $TBabs(bbody+Tbabs(po))$  models respectively. The resulting fits place the line at  $6.43 \pm 0.01$  keV, suggesting near neutral iron and consistent with that reported by Bartlett et al. (2013). These values fall further to  $\chi^2_r = 1.11/1.14$  ( $po/bbody$ ) a second, constrained Gaussian is included. This is well constrained at  $6.90^{+0.03}_{-0.04}$  keV for the  $TBabs(po+Tbabs(po))$  model, but poorly constrained for the  $TBabs(bbody+Tbabs(po))$  model,  $5.8^{+1.3}_{-0.4}$  keV. Both fits improve greatly when the energies of these lines, as well as the normalisations, are allowed to vary, suggesting the ionisation of the iron is changing with time. The final line energies and normalisations (i.e. line fluxes) are included in Table B.1.

### 3.3. X-ray timing

Figure 4 shows the background subtracted light curves of CI Cam for the *XMM-Newton* and *NuSTAR* observations. Table 2 gives the X-ray properties of the light curves in Fig. 4, including the fractional root mean square variability amplitude,  $F_{var}$ , calculated from Eqs. (10) and (B3) of Vaughan et al. (2003). This value includes the effects of both intrinsic source variability and flux measurement errors. It's clear that the source can vary significantly even within an observation, but this appears to be uncorrelated with the flux value itself as the values of

$F_{var}$  for the observation in 2003 and the first observation in 2012 are consistent within errors, despite the factor  $\sim 3$  increase in the count rate. However, we must be cautious when drawing conclusions from these data; the spectra are complex with a variable soft component and absorbing column. Rather than comparing the  $F_{var}$  to the total flux a better comparison could be the normalisation of the photon index that represents the intrinsic emission of the accretor (i.e. the second power law in the  $TBabs(po+TBabs(po)+Gaus+Gaus)$  model, see Table B.1). Indeed, these values paint a very different picture, with the normalisations of the intrinsic power law components consistent (within errors) for the 2003 spectrum and the first spectrum of 2012, despite the factor three increase in the total count rate.

The 0.1 s bin *XMM-Newton* light curves were searched for pulsations using the `astropy.stats.LombScargle` routine (Lomb 1976; Scargle 1982; Astropy Collaboration 2013, 2018). The Lomb-Scargle periodogram, is a commonly used tool for detecting periodic or quasi-periodic behaviour in different types of astrophysical objects. A heuristic was used to determine a suitable frequency grid for each observation, which in practise lead to a linear range of frequencies probing periods from approximately the bin size ( $\sim 0.1$  s) of the light curve to  $\sim 10$  the observation durations (100 s of ks) with a step size of  $\sim 1.5 \times 10^{-6} \text{ s}^{-1}$ . No periods were detected in any of the light curves. The *NuSTAR* data were not searched for periods as the combination of low count rate and the window function due to the low earth orbit of the satellite make an independent detection of a period unlikely.

Figure 5 shows the 0.3–10.0 keV light curve of the *Swift* observations. The details of the each observation are included in Table A.1. The light curve probes a different timescale of variability to those from the individual *XMM-Newton* or *NuSTAR* observations: of the order of days to months, rather than hours. The  $F_{var}$  for the 150 day period spanned is  $1.31 \pm 0.02$ . No evidence is found for the 19.4 day period of Barsukova et al. (2006).

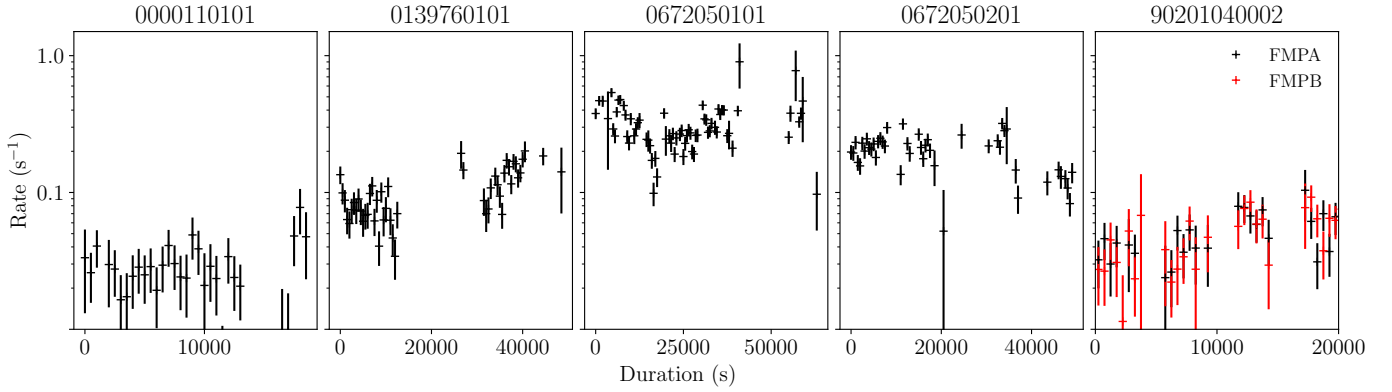
## 4. Discussion

### 4.1. Observational findings

Our optical spectrum is fully consistent with an explanation that CI Cam was observed in a quiescent phase. The line profiles clearly point to a very complex, aspherical circumstellar envelope, which cannot be easily interpreted given a single snapshot. The extreme variability of the He II 4686 Å line leads us to treat the 19.4 day periodicity claimed by Barsukova et al. (2006) with caution; the transient nature of this line strongly suggests that it is produced in the stellar wind, rather than in the star itself, making it unsuitable for tracing dynamics. The same conclusion has been reached for other massive binary systems, including the HMXB/micro quasar SS 433; Goranskij (2011), Medvedev et al. (2013) and Robinson et al. (2017) all concluded that the He II 4686 Å line in this system originates from the disc wind and not close to the star or the compact object with Robinson et al. (2017) explicitly noting against using the He II lines as a proxy for the orbital radial velocity. It has also been shown that the He II 4686 Å line in the Wolf-Rayet HMXB IC 10 X-1 (Clark & Crowther 2004) does not directly trace the motion of the donor star (Laycock et al. 2015).

The X-ray spectra can be interpreted as arising from emission from an accreting compact object (i.e. power law emission) with a reprocessed component that dominates the continuum at energies  $< 3$  keV and is the source of the iron lines (represented either by a second power law or a blackbody). This is produced





**Fig. 4.** Background subtracted, 500 s bin light curves of CI Cam for each of the four *XMM-Newton* EPIC-pn observations and the *NuSTAR* observation. The *XMM-Newton* light curves cover the 0.2–12.0 keV energy range, while the *NuSTAR* light curve covers the 3.0–79.0 keV range. All observations are shown on the same logarithmic scale to facilitate easy comparison.

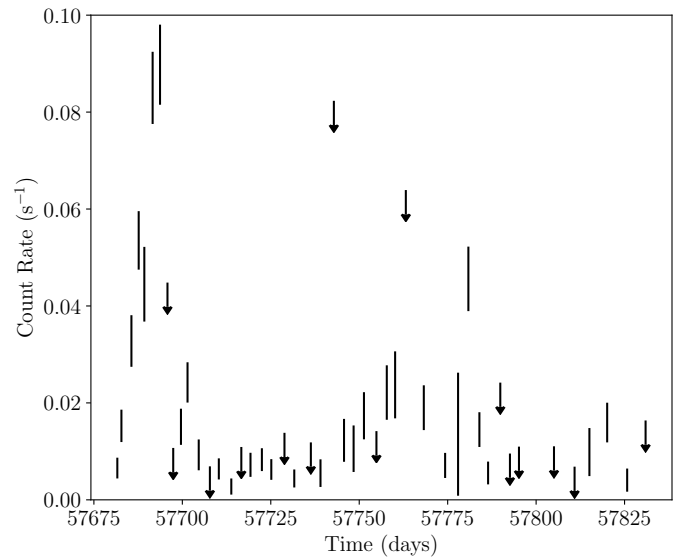
**Table 2.** Properties of the X-ray light curves of CI Cam.

	Rate	$F_{\text{var}}$
2001-08-19	$0.029 \pm 0.002$	$0.2 \pm 0.2$
2003-02-24	$0.104 \pm 0.003$	$0.36 \pm 0.01$
2012-02-20	$0.318 \pm 0.009$	$0.34 \pm 0.01$
2012-02-22	$0.200 \pm 0.005$	$0.26 \pm 0.01$
2016-10-20:FMPA	$0.057 \pm 0.004$	$0.21 \pm 0.07$
2016-10-20:FMPB	$0.059 \pm 0.003$	$0.15 \pm 0.09$

in a dense circumstellar environment, which also contributes a substantial obscuring column (with an additional contribution from the interstellar medium.) The source of the reprocessed emission appears to be outside that of the absorbing column. It is unclear how such a system can occur but this is likely due to the geometry of the system. We note that our X-ray spectral fits are likely an approximation of the true situation, but the low count rates in our data preclude further analysis.

Despite being in quiescence, CI Cam is highly X-ray variable, on timescales of days, in terms of both integrated flux and spectral shape – although the same physical components are present in each spectrum. Figure 6 shows how the different X-ray model components of the  $TBabs(bbody+TBabs(po)+Gaus+Gaus)$  model vary with respect to each other. Some of the parameters are poorly constrained making it difficult to draw meaningful conclusions; however it is clear from both Figs. 2 and 6 that there is a stronger correlation between the normalisation (i.e. flux) of the power law component and the total flux than between the column density and total flux. This strongly implies that the increase in observed flux is due to an intrinsic increase of the total flux of the system (i.e. soft excess plus intrinsic emission), rather than a decrease in the absorbing column. This conclusion is reinforced by the correlation seen between the power law flux and line flux: with more photons available for reprocessing, the Fe-K $\alpha$  line becomes stronger. The second iron line in the model is not as well constrained but it is clear from Table B.1 that the energies of both lines are varying, however, the relationship between the energies of these two lines is not obvious. The strongest correlation between any of the parameters is found between the characteristic temperature and flux of the soft excess – the soft excess becomes simultaneously hotter and brighter.

We attribute the changes in the X-ray spectra of CI Cam to change in the environment local to the compact object: Changes

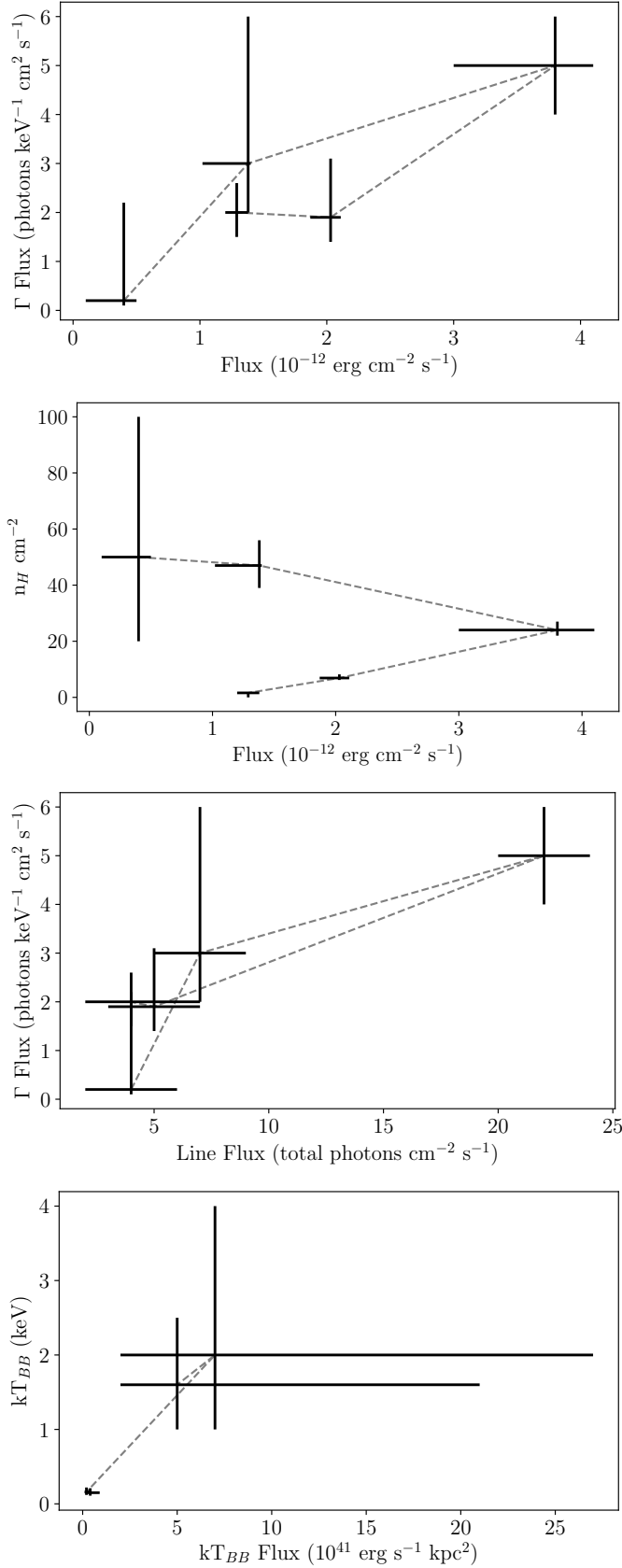


**Fig. 5.** *Swift* light curve spanning 150 days of snapshot observations of CI Cam.

in the circumstellar environment due to clumping and/or asymmetries lead to changes in the line of sight absorbing column to the X-ray source and variations in the amount of material local to the compact object available for accretion. This in turn could be due to varying mass loss and/or system geometry or, alternatively, due to orbital effects as the compact object moves through its orbit. Such drastic changes between the two 2012 spectra would argue for a short, eccentric orbit (i.e. not inconsistent with that proposed by Barsukova et al. 2006) but with no clear orbital period available, it is not possible to distinguish between these two scenarios. The *Swift* data seem to suggest variability on timescales of  $\sim 75$ –100 days, but further monitoring with a similar cadence is required before this could be further interpreted. We note, however, that Iyer & Paul (2017) recently discovered an  $\sim 80$  day period in the 12 year X-ray light curve of IGR J16318–4848, a source that shares many similarities with CI Cam (see Sect. 4.4)

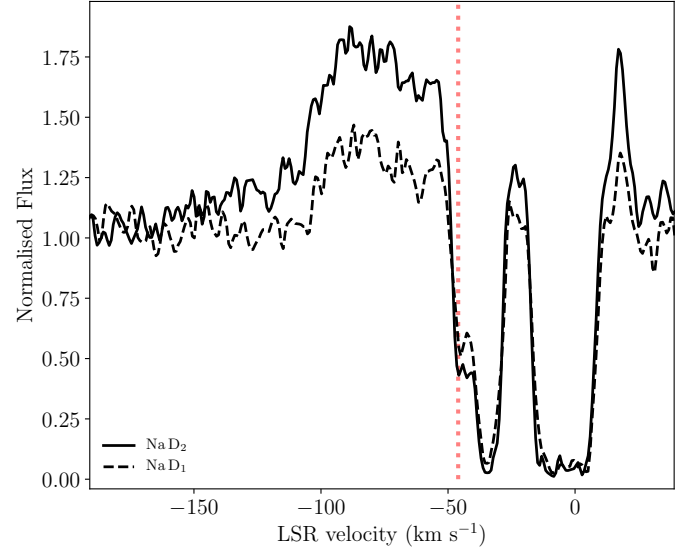
We see no evidence for X-ray pulsations, although given the flux level this is not unexpected. The absence of pulsations during the 1998 outburst is, however, unexpected. Nevertheless, systems such as the supergiant XRB IGR J18214–1318 (Fornasini et al. 2017) also lack pulsations despite having an X-ray spectrum strongly indicative of a neutron star and indeed





**Fig. 6.** Comparison of the parameters  $TBabs*(bbody+TBabs$  (powerlaw)+Gaussian+Gaussian) model fit to the data, discussed in the text. Energy<sub>1</sub> is the energy of the first Fe-K $\alpha$  line.

similar to that of CI Cam. In the absence of pulsations we cannot unambiguously determine the nature of the accretor.



**Fig. 7.** Velocities of the interstellar Na D absorption lines in the Local Standard of Rest.

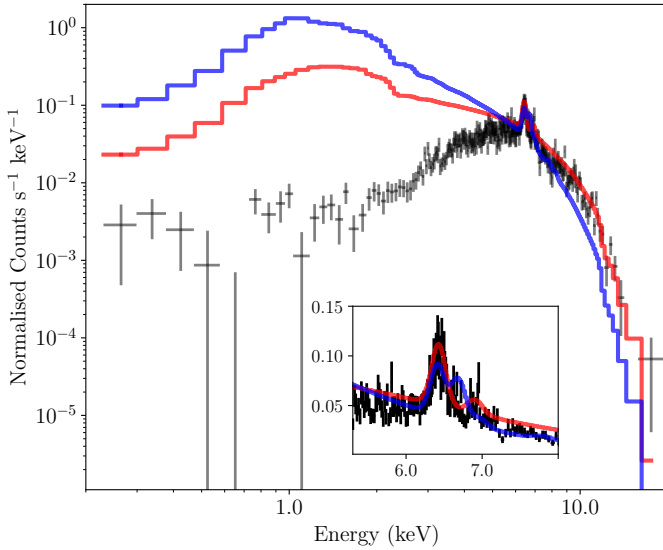
#### 4.2. The distance to CI Cam

Another shortcoming is that, even with the two data releases from *Gaia*, we still cannot improve on previous estimates on the distance to CI Cam. [Wijngaarden et al. \(2016\)](#) claim a distance of 1.4 kpc based on a simple inversion of the *Gaia* DR1 parallax ( $0.7 \pm 0.2$ ). However, this is explicitly warned against by the *Gaia* team themselves ([Luri et al. 2018](#)). Furthermore, the *Gaia* DR2 parallax value,  $0.09 \pm 0.03$  is inconsistent with that from DR1. Figure 7 shows the interstellar Na D lines present in our spectrum of CI Cam, in the Local Standard of Rest (LSR). [Hynes et al. \(2002\)](#) argue for a possible lower limit of 6–8 kpc on the distance to CI Cam, based on a weak absorption feature at  $\sim -45$  km s $^{-1}$ . Our higher resolution spectra clearly resolve this feature at around  $-46$  km s $^{-1}$ . This value is very similar to the systemic velocity of the system ( $51 \pm 2$  km s $^{-1}$ , [Aret et al. 2016](#)), suggesting that the radial velocity of CI Cam could be dominated by Galactic dynamics. If we assume this is the case and calculate the [Reid et al. \(2014\)](#) Galactic rotation curve in the direction of CI Cam, a LSR velocity of  $-46$  km s $^{-1}$  corresponds to a kinematic distance estimate of  $\sim 5.5$  kpc; the presence of this feature in the spectrum of CI Cam, suggests that the source is more distant than this value.

The distance to CI Cam is important since this uncertainty accommodates a wide range of possible quiescent ( $L_{0.2-12 \text{ keV}} \sim 1.0-10.0 \times 10^{33} (\text{d}/5 \text{ kpc})^2 \text{ ergs s}^{-1}$ ; this work) and outburst X-ray luminosities ( $L_{2-25 \text{ keV}} \sim 3.0 \times 10^{38} (\text{d}/5 \text{ kpc})^2 \text{ ergs s}^{-1}$ ; [Robinson et al. 2002](#); distances  $\geq 2$  kpc lead to an outburst flux greater than the Eddington limit of a white dwarf, whilst at large distances the outburst approaches the Eddington limit for a neutron star. The distance uncertainty also has implications for the integrated panchromatic outburst luminosity and the quiescent luminosity of the mass donor (from which one might hope to infer a mass via comparison to isochrones).

#### 4.3. Comparison of outburst and quiescent data

The presence of X-ray emission twenty years after the outburst clearly shows that the accretor is bound to the mass donor - one cannot easily appeal to a transitory interaction with an isolated compact object (cf. [Hynes et al. 2002](#)). Given the presence of



**Fig. 8.** *XMM-Newton* spectrum of the third observation of CI Cam with the best fit  $TBabs(TBabs(bbody+po)+Gaus+Gaus)$  model in red, with the intrinsic absorption (i.e. the second  $TBabs$  term) set to zero along with the best fit model to the outburst data from Ueda et al. (1998) in blue. The normalisation of the outburst model has been adjusted for easier comparison.

all-sky monitoring missions, we can be relatively certain that no comparable event to the 1998 outburst has occurred since. Four post-outburst observations between 1998–2001 indicate a comparable level of quiescence emission<sup>2</sup> to that which we report here.

Intriguingly the basic form of the X-ray emission (soft and hard components with substantial local extinction; e.g. Orr et al. 1998; Belloni et al. 1999; Boirin et al. 2002) and the reasons for variability (changes in emission *and* obscuration) in quiescent and outburst appears broadly comparable. For example the spectrum of CI Cam during the short-lived soft X-ray flaring episodes that occurred during the decay phase of the 1998 outburst (Ueda et al. 1998) can be qualitatively understood as short lived periods of reduced circumstellar extinction. Figure 8 shows the third of the four *XMM-Newton* spectra (the spectrum with the greatest number of counts) with the best fit  $TBabs(TBabs(bbody+po)+Gaus+Gaus)$  model with the intrinsic absorption ( $n_{H,i}$ ) set to zero. The data has also been fit with the best fit model of Ueda et al. (1998), with only the normalisation of the first temperature component allowed to vary (the normalisation of the second hot gas component was fixed to be 0.25 times that of the first, as in Ueda et al. 1998) and the normalisation of the additional Gaussian free to vary. The shape of the two spectra are similar, though not identical. Belloni et al. (1999) similarly reported highly variable extinction in the *RXTE* data taken during outburst.

#### 4.4. Comparison to other systems

The sgB[e] star IGR J16318–4848 (Filliatre & Chaty 2004) is another apparently persistent X-ray binary that shows rapid flaring and variable local extinction (Ibarra et al. 2007; Courvoisier et al. 2003; Krimm et al. 2010). As with CI Cam the distance

is highly uncertain, as is the nature of the accretor, for which no pulsations have been identified (Barragán et al. 2009). Assuming a slightly closer distance to IGR J16318–4848 (1.6–4 kpc; Chaty & Rahoui 2012) the quiescent luminosities of this source and CI Cam are very similar. Both sources also have the same characteristic spectra with high levels of absorption ( $\times 10^{23-24} \text{ cm}^{-2}$ ) and strong iron line complex. However, IGR J16318–4848 does not appear to have the same level of variation in its column density or iron line in quiescence (Ibarra et al. 2007). Additionally IGR J16318–4848 doesn’t appear to have undergone an event comparable to the 1998 outburst of CI Cam, instead it has undergone two smaller outbursts, separated by approximately nine years with peak luminosities  $L_X \sim 10^{36} \text{ ergs s}^{-1}$  assuming a distance of 4 kpc (Filliatre & Chaty 2004). As noted in Sect. 4.1, there has been a recent, tentative claim of an  $\sim 80$  day period in this target: similar to the timescales of variability suggested by our *Swift* observations.

Another object of interest is S18. While the limited X-ray observations suggest that it is less luminous than IGR J16318–4848 – and indeed consistent with a colliding wind binary – the lower interstellar extinction towards it allows access to the He II 4686 Å transition which is found to be highly variable, with no obvious comparator amongst either single massive stars or CWBs.

The most compelling comparator, however, is the intermediate luminosity optical transient/supernova imposter SN2009da (=NGC 300 ULX-1; see below). Supernovae imposters such as SN2000ch (=NGC 3432 2000-OT; Pastorello et al. 2010) are objects which experience (multiple) rapid photometric outbursts akin to low luminosity SNe but with the crucial difference that the progenitor star typically survives such events. However an increasing number of such events are found to presage the loss of such stars to core-collapse events shortly thereafter<sup>3</sup>. As a consequence the nature and physical cause of such behaviour is of considerable interest, with many authors highlighting the similarities between SNe imposters and the giant eruptions of massive luminous blue variables (LBVs) such as the 19th century event in  $\eta$  Carina.

First detected at optical wavelengths (Monard 2010), SN2010da is of interest in the context of CI Cam for several reasons. Firstly photometric and spectroscopy strongly suggest that the primary is a moderately luminous ( $\sim 10^4 L_\odot$ ) sgB[e] star (Lau et al. 2016; Villar et al. 2016); indeed the spectrum of SN2010da bears particularly close similarity to that of CI Cam (Sect. 3.2). Secondly the optical outburst was accompanied by an X-ray flare with a flux of  $6 \times 10^{38} \text{ ergs s}^{-1}$  (Immler et al. 2010), significantly in excess of the Eddington luminosity of a neutron star. Subsequent observations over the following four years revealed SN2010da to be a persistent, variable X-ray source and hence a likely HMXB (Binder et al. 2011, 2016). This hypothesis was dramatically confirmed by the detection of pulsations by Carpano et al. (2018) indicative of a neutron star, while detailed modelling of the X-ray spectrum showed close similarities to that of CI Cam; comprising a power law and reprocessed component subject to substantial local extinction.

The similarity of CI Cam to SN2010da across mid-IR, optical and X-ray wavelengths<sup>4</sup> is particularly striking, suggesting that if CI Cam was located in an external galaxy its 1998 out-

<sup>2</sup> For a distance of 5 kpc  $L_{1-10\text{keV}} \sim 1.4 \times 10^{33} \text{ ergs s}^{-1}$  to  $2.3 \times 10^{34} \text{ ergs s}^{-1}$  with a single non-detection of  $< 1.4 \times 10^{33} \text{ ergs s}^{-1}$  in 2000 (Orlandini et al. 2000; Parmar et al. 2000; Boirin et al. 2002)

<sup>3</sup> SN2006jc (Pastorello et al. 2007), SN2010mc (Ofek et al. 2013) and potentially SN2009ip Mauerhan et al. (2013), but see Fraser et al. (2013).

<sup>4</sup> Subject to distance determination for CI Cam to determine X-ray and bolometric luminosities.

burst would have led to a classification as a supernova imposter. As such the proximity to CI Cam allows us to investigate one channel leading to supernovae imposters/intermediate luminosity optical transients in unprecedented detail. Hynes et al. (2002) suggest that one possible origin for the 1998 event in CI Cam was the interaction of a shock wave generated by impulsive accretion onto the compact object with the dense surrounding circumstellar envelope, with Lau et al. (2016) suggesting an identical scenario for SN2010da, in a manner analogous to type II<sub>n</sub> supernovae. Critically Mioduszewski & Rupen (2004) provide multiple-epoch radio continuum observations of the expansion of just such a shock front through the circumstellar environment of CI Cam. The highly structured radio emission provides compelling evidence that the circumstellar envelope of CI Cam is likewise asymmetric and clumpy. In such a picture X-ray variability can arise from both changes in the accretion rate onto the compact object and variability in the line of sight extinction, with the latter mechanism clearly operating in the quiescent X-ray observations considered here. Given these similarities we consider it likely that CI Cam likewise contains a neutron star, but this scenario is ultimately independent of this assumption.

However problems still remain. Most obviously we still lack an ultimate explanation for the 1998 and 2010 outbursts of CI Cam and SN2010da. Specifically, it is not clear what caused the X-ray outbursts which appear to initiate the optical-radio flares. Possibilities include accretion from a highly dynamic circumstellar envelope for example a transient episode of enhanced mass loss from the primary impacted upon the accretor, although then one has to explain the physical mechanism that led to this event. Alternatively one might suppose a very wide and eccentric orbit for the compact object, such that the enhanced accretion occurred at periastron. Given the apparent lack of similar events in CI Cam this would suggest a minimum orbital period of 20 years.

## 5. Concluding remarks

In this paper we present a detailed analysis of the quiescent X-ray properties of CI Cam, the archetypal sgB[e]/X-ray binary, motivated by reports of a potential new outburst in the system. We present new and both published and unpublished archival data from *Swift*, *XMM-Newton* and *NuSTAR* as well as a high resolution *Mercator*/HERMES optical spectrum.

Despite being in quiescence, we find that CI Cam is highly X-ray variable, on timescales of days, both in terms of total integrated flux and spectral shape. All the spectra can be described by a heavily absorbed power law along with a soft excess at energies  $< 3$  keV, represented by either a second power law or blackbody component in the spectra, and iron line region. This iron line region can be further decomposed into two, intrinsically narrow iron lines: A near neutral Fe-K $\alpha$  line and a highly ionised Fe-K $\alpha$  line. All the model components vary by a factor of  $\geq 10$  though there is no obvious correlation between most of the parameters.

Qualitatively, many of the variation in the X-ray properties of CI Cam can be explained by the presence of an accreting compact companion (black hole, neutron star or white dwarf) immersed in a dense, highly structured, aspherical circumstellar envelope. The differences in the accretion flux and circumstellar extinction could represent either changes in this environment triggered by variable mass loss from the star, or the conditions local to the accretor by virtue of orbital motion (or indeed a combination of the two). The exact nature of the compact object

remains unclear. The photon index of the X-ray spectrum is consistent with those reported for accreting neutron stars, however, a thorough search for X-ray pulsations, indicative of an accreting pulsar (i.e. a neutron star) did not return any periods. Some of this uncertainty will be resolved when definitive distance to CI Cam is determined, likely in a later *Gaia* data release.

The outbursts from SNe imposters often precede core-collapse events, but the cases of CI Cam and SN2010da seem to highlight an alternative scenario in which the star/system can survive. CI Cam is particularly interesting in this context as its proximity allows us to observe this behaviour in unprecedented detail. This includes directly imaging the progression of the shock front through the circumstellar envelope, analogous to the interaction of the shockwaves in type Ib/IIN SNe interacting with pre-existing ejecta.

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**Appendix A: Log of the *Swift* observations included in this study****Table A.1.** Log of the *Swift*-XRT monitoring observations.

Obs. ID	Obs. date	Exp. time (s)	Count rate counts s <sup>-1</sup>	Obs. ID	Obs. date	Exp. time (s)	Count rate counts s <sup>-1</sup>
00031511002	2016-10-16	994.9	0.027 <sup>+0.010</sup> <sub>-0.008</sub>	00031511026	2016-12-17	1024.6	0.006 <sup>+0.003</sup> <sub>-0.002</sub>
00031511003	2016-10-20	1980.4	0.007 ± 0.002	00031511027	2016-12-20	82.2	<0.08
00031511005	2016-10-21	1848.8	0.015 ± 0.003	00031511028	2016-12-23	995.4	0.013 <sup>+0.005</sup> <sub>-0.004</sub>
00031511006	2016-10-24	1801.3	0.033 ± 0.005	00031511029	2016-12-26	722.3	0.011 <sup>+0.005</sup> <sub>-0.004</sub>
00031511007	2016-10-26	1962.8	0.054 ± 0.006	00031511030	2016-12-29	923.2	0.018 <sup>+0.005</sup> <sub>-0.004</sub>
00031511008	2016-10-28	979.3	0.044 ± 0.008	00031511031	2017-01-01	966.9	<0.01
00031511009	2016-10-30	2059.6	0.085 ± 0.007	00031511032	2017-01-04	870.9	0.022 ± 0.006
00031511010	2016-11-01	1641.9	0.090 ± 0.008	00031511033	2017-01-07	825.2	0.024 <sup>+0.008</sup> <sub>-0.006</sub>
00031511011	2016-11-03	539.1	<0.04	00031511034	2017-01-10	363.0	<0.06
00031511012	2016-11-05	1149.2	<0.01	00031511036	2017-01-15	1214.6	0.019 ± 0.005
00031511013	2016-11-07	1645.7	0.015 ± 0.004	00031511037	2017-01-21	1474.3	0.007 <sup>+0.003</sup> <sub>-0.002</sub>
00031511014	2016-11-09	1816.0	0.024 ± 0.004	00031511038	2017-01-24	185.5	0.017 <sup>+0.016</sup> <sub>-0.010</sub>
00031511015	2016-11-12	1220.7	0.01 <sup>+0.004</sup> <sub>-0.003</sub>	00031511039	2017-01-27	1290.4	0.046 ± 0.007
00031511016	2016-11-15	1956.0	<0.007	00031511040	2017-01-30	1394.2	0.014 ± 0.004
00031511017	2016-11-18	1856.4	0.007 ± 0.002	00031511041	2017-02-02	1494.4	0.006 <sup>+0.003</sup> <sub>-0.002</sub>
00031511018	2016-11-21	1918.8	0.003 <sup>+0.002</sup> <sub>-0.001</sub>	00031511042	2017-02-05	647.1	<0.02
00031511019	2016-11-24	1160.9	<0.01	00031511043	2017-02-08	1262.8	<0.01
00031511020	2016-11-27	1574.9	0.007 <sup>+0.003</sup> <sub>-0.002</sub>	00031511044	2017-02-11	1165.5	<0.01
00031511021	2016-11-30	2014.3	0.009 <sup>+0.003</sup> <sub>-0.002</sub>	00031511045	2017-02-21	1218.2	<0.01
00031511022	2016-12-03	2011.5	0.006 ± 0.002	00031511046	2017-02-26	1653.7	<0.007
00031511023	2016-12-06	1352.5	<0.01	00031511047	2017-03-03	556.1	0.011 <sup>+0.006</sup> <sub>-0.004</sub>
00031511024	2016-12-09	1868.0	0.005 ± 0.002	00031511048	2017-03-08	1222.5	0.016 ± 0.004
00031511025	2016-12-14	932.2	<0.01	00031511049	2017-03-13	1308.8	0.004 <sup>+0.003</sup> <sub>-0.002</sub>
				00031511050	2017-03-18	1484.3	<0.02

**Notes.** All errors reported are at the 1 $\sigma$  level, all upper limits are all 3 $\sigma$  upper limits.

## Appendix B: Best fit model parameters

Table B.1. Best fit model parameters to spectra of CI Cam.

Model 1: $TBabs(po+TBabs(po)+Gaus+Gaus)$ ; $\chi^2_r = 1.10$											
	Norm $\Gamma_{\text{ref}}^a$ $10^{-6}$	$n_{H,i}$ ( $10^{22} \text{ cm}^{-2}$ )	$\Gamma$	Norm $\Gamma_i$ $10^{-4}$	$E_{\text{line},1}$ (keV)	Norm $E_{\text{line},1}^b$ $10^{-6}$	$E_{\text{line},2}$ (keV)	Norm $E_{\text{line},2}$ $10^{-6}$	$C_{\text{FPMB}}$	Flux $_{\text{obs}}^c$ $10^{-12} \text{ ergs cm}^{-2} \text{ s}^{-1}$	
2001-08-19	$6 \pm 3$	$130 \pm 40$	$2.8^{+1.0}_{-0.7}$	$65^{+290}_{-61}$	$6.38 \pm 0.05$	$3 \pm 2$	–	–	–	$0.31^{+0.04}_{-0.27}$	
2003-02-24	$2.7 \pm 0.9$	$54^{+9}_{-8}$	$1.2 \pm 0.3$	$4^{+4}_{-2}$	$6.41 \pm 0.03$	$7 \pm 2$	$6.67 \pm 0.06$	$3^{+1}_{-2}$	–	$1.4^{+0.06}_{-0.28}$	
2012-02-20	$7 \pm 1$	$20 \pm 2$	$1.0 \pm 0.1$	$4 \pm 1$	$6.43 \pm 0.01$	$22 \pm 2$	$6.90 \pm 0.04$	$6 \pm 2$	–	$3.82^{+0.06}_{-0.13}$	
2012-02-22	$9 \pm 3$	$6.3 \pm 0.8$	$1.2 \pm 0.1$	$2.5^{+0.7}_{-0.5}$	$6.49^{+0.06}_{-0.07}$	$5 \pm 2$	$6.90^{+0.09}_{-0.12}$	$3 \pm 2$	–	$2.04 \pm 0.06$	
2016-10-20	$^d$	$<1.6$	$1.6^{+0.1}_{-0.2}$	$2.3^{+0.6}_{-0.5}$	$6.3^{+0.2}_{-0.7}$	$4 \pm 3$	$6.8 \pm 0.2^e$	$<4$	$1.1 \pm 0.1$	$1.3^{+0.1}_{-0.2}$ $4.7^{+0.5}_{-0.6}$	
Model 2: $TBabs(bbody+TBabs(po)+Gaus+Gaus)$ ; $\chi^2_r = 1.07$											
	Norm $kT_{\text{BB}}^f$ $10^{-6}$	$n_{H,i}$ ( $10^{22} \text{ cm}^{-2}$ )	$\Gamma$	Norm $\Gamma_i$ $10^{-4}$	$E_{\text{line},1}$ (keV)	Norm $E_{\text{line},1}$ $10^{-6}$	$E_{\text{line},2}$ (keV)	Norm $E_{\text{line},2}$ $10^{-6}$	$C_{\text{FPMB}}$	Flux $_{\text{obs}}$ $10^{-12} \text{ ergs cm}^{-2} \text{ s}^{-1}$	
2001-08-19	$0.15^{+0.06}_{-0.04}$	$50^{+50}_{-30}$	$0.4^{+1.3}_{-0.6}$	$0.2^{+2.0}_{-0.1}$	$6.38^{+0.06}_{-0.05}$	$4 \pm 2$	–	–	–	$0.4^{+0.1}_{-0.3}$	
2003-02-24	$0.16^{+0.06}_{-0.04}$	$47^{+9}_{-8}$	$1.0 \pm 0.3$	$3^{+3}_{-1}$	$6.41^{+0.02}_{-0.03}$	$7 \pm 2$	$6.68^{+0.05}_{-0.06}$	$3 \pm 1$	–	$1.38^{+0.02}_{-0.36}$	
2012-02-20	$2^{+2}_{-1}$	$24^{+3}_{-2}$	$1.1^{+0.3}_{-0.2}$	$5 \pm 1$	$6.431^{+0.011}_{-0.008}$	$22 \pm 2$	$6.90 \pm 0.05$	$5.8 \pm 0.2$	–	$3.8^{+0.3}_{-0.8}$	
2012-02-22	$1.6^{+0.9}_{-0.6}$	$6.9^{+1.3}_{-0.7}$	$1.1^{+0.6}_{-0.2}$	$1.9^{+1.2}_{-0.5}$	$6.48^{+0.06}_{-0.05}$	$5 \pm 2$	$6.89^{+0.08}_{-0.09}$	$3 \pm 2$	–	$2.03^{+0.08}_{-0.16}$	
2016-10-20	–	$<1.6$	$1.5 \pm 0.1$	$2.0^{+0.6}_{-0.5}$	$6.3^{+0.2}_{-0.7}$	$4^{+3}_{-2}$	$6.8^{+0.1e}_{-0.2}$	$<5$	$1.1 \pm 0.1$	$1.29 \pm 0.09$ $4.7^{+0.6}_{-0.4}$	

**Notes.** All errors stated are the 90% confidence limit unless otherwise stated. <sup>(a)</sup>Normalisation of power law components in units of photons  $\text{keV}^{-1} \text{ cm}^{-2} \text{ s}^{-1}$  at 1 keV. <sup>(b)</sup>Normalisation of Gaussian components in units of total photons  $\text{cm}^{-2} \text{ s}^{-1}$  in the line. <sup>(c)</sup>Flux values calculated over 0.2–10.0 keV for the *XMM-Newton* spectra and 2.0–10.0 and 2.0–79.0 keV respectively for the *NuSTAR* spectra. <sup>(d)</sup>*NuSTAR* response does not extend below 3 keV where this component dominates in the *XMM-Newton* spectra and so the normalisation of this component is fixed at zero. <sup>(e)</sup>1 $\sigma$  error; *xspec* could not compute the 90% confidence limit. <sup>(f)</sup>Normalisation of Blackbody component in units of  $L_{39}/D_{10}^2$ , where  $L_{39}$  is the luminosity of the Blackbody in units of  $10^{39} \text{ ergs s}^{-1}$  and  $D_{10}$  is the distance to the source in units of 10 kpc.